



2010 Annual Report



Phoenix House
Rising Above Addiction

Fiscal Year 2010
July 1, 2009 to June 30, 2010

Effective November 1, 2010

*Letter
From
the CEO*

Dear Friends,

Fiscal Year 2010 has been a successful year. Somewhat unexpectedly, it was a year of great opportunity both financially and clinically. We continued to diversify our funding, granting us more financial stability. Approximately 800 men, women, and teens sought our services.

Our completion rates were 59% compared with the national average of 47%. Even better, 90 days after treatment 79% of the clients we contacted remained in recovery. That means that, with your support, hundreds of people's lives were transformed through recovery.

The fluctuating economy posed challenges for us and to our clients. Unemployment, underemployment, and other stresses make addiction more difficult. We persevered and are pleased to have achieved success in capacity and recovery:

- We expanded our market and forged more partnerships with public and private organizations
- Private insurance payers increased 4%
- Our residential treatment occupancy rate increased from last year to an agency-wide average of 84.2%
- Nine teens graduated from our residential treatment programs and earned their high school diploma through our two on-site schools

This important work could not be done without your support. With your investment, we have served over 30,000 men, women, and teens in almost 50 years. Our clients' recovery is cause for all of us to celebrate. Through recovery they are able to rejoin their families, employment, education, and create a stronger platform for their lives. One person at a time, this betters our community.



By now, you likely know that we began discussions with Phoenix House Foundation a few years ago regarding a potential affiliation and that, as of November 1, 2010, we affiliated to become Phoenix Houses of the Mid-Atlantic. This excellent opportunity will leverage our capacity for greater good. It's been my privilege to serve as President and CEO of Vanguard Services Unlimited for over 20 years. And, with you alongside, I look forward to serving as Senior Vice President and Regional Director of Phoenix Houses of the Mid-Atlantic. You will hear more about this affiliation throughout Fiscal Year 2011 and in the next annual report.

Every day I go to work inspired by the amazing, difficult work our clients undertake. We have accomplished much yet have more to do. Like recovery, each day brings new challenges and opportunities. I appreciate your support and the foundation it gives us to continue to meet these challenges and opportunities. Thank you.

Sincerely,

Richard Simpson Taylor

Who We Are



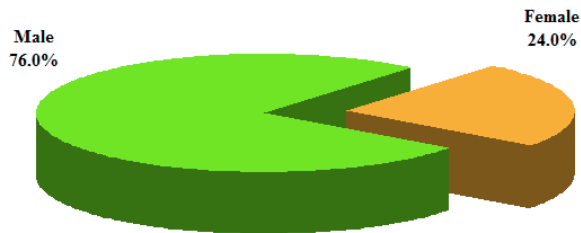
About us: Vanguard is the area's leader in addiction recovery and prevention, operating inpatient and outpatient programs throughout metropolitan Washington, DC. On any given day, more than 200 adolescents and adults are enrolled in our outpatient and residential treatments programs. In addition, we are engaged in drug and alcohol education and prevention programs reaching hundreds of additional families, adults and adolescents alike.

Our Mission: Vanguard Services Unlimited, a non-profit, community-based organization, offers high-quality treatment and recovery services to individuals and their families who are suffering from the effects of substance abuse. With over 47 years of dedicated service to people regardless of their economic status, Vanguard seeks to help our clients become healthy, productive, self-sufficient citizens. Committed professional staff, board members, and volunteers provide excellence in service to those in need.

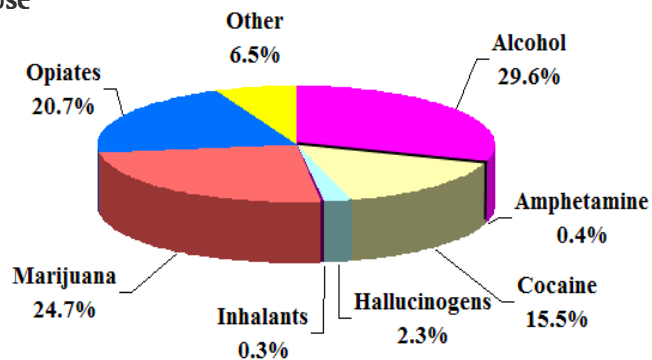
Individuals Served:

July 1, 2009 to June 30, 2010

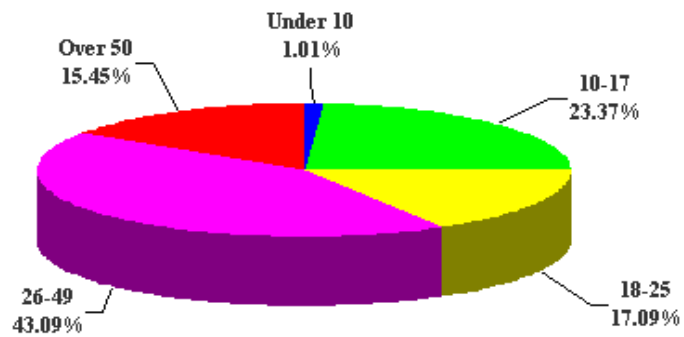
Total Served: 796



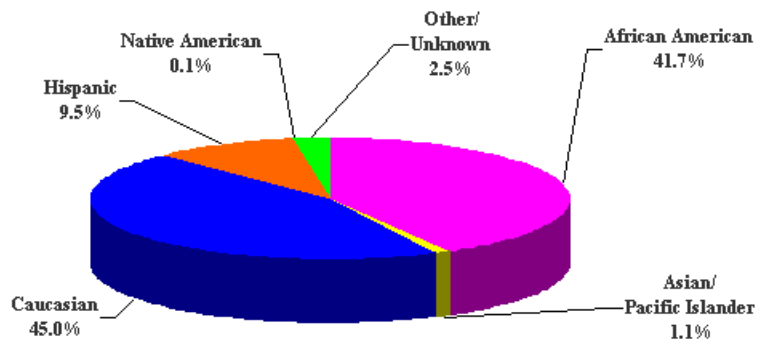
Primary Drug of Use



Age of Clients



Race/ Ethnicity



-Above data compiled from Vanguard FY10 Quality Assurance program and includes some duplicated counts for clients receiving more than one service during Fiscal Year."

Combined Statement of Activities and Change in Net Assets

Vanguard Health Group and Affiliated Organizations

Fiscal year July 1, 2009 to June 30, 2010

REVENUE	Unrestricted	Temporarily Restricted	Total
Local Jurisdictions	3,081,665		3,081,665
State and Federal Jurisdictions	2,707,697		2,707,697
Insurance and Self Pay	1,732,106		1,732,106
Grants and Contributions	204,407		204,407
Interest Income	14,876		14,876
Donated goods, services, and equipment	15,830		15,830
Rental Income	16,163		16,163
Food Stamps	1,113		1,113
Miscellaneous	5,465		5,465
Net assets released from donor	3,200	(3,200)	0
Total Revenue	7,782,522	(3,200)	7,779,322
EXPENSES			
Treatment Programs	6,311,199		6,311,199
Management and General	587,936		587,936
Fundraising	170,578		170,578
Total Expenses	7,069,713		7,069,713
Change in Net Assets	712,809	(3,200)	709,609
Gain on sale of land	292,870		292,870
Change in Net Assets	1,005,679	(3,200)	1,002,479
Net Assets at Start of Year	1,577,666	3,200	1,580,866
NET ASSETS AT END OF YEAR	2,583,345	0	2,583,345

Full financial statements are on file at the corporate offices

IN SUPPORT

This list represents the gifts and pledge payments made between July 1, 2009 and June 30, 2010

Gifts of \$10,000 or more

George Cabalu
Catholic Campaign for
Human Development
Keya Dash
The Potomac Group at UBS
Washington Forrest
Foundation

Gifts of \$3,000 or more

John Andelin, Jr. and
Ginger Geoffrey
Arlington Community
Foundation
Brendan Barry and Susan
Hargreaves
Bill and Suzie Buck
John Foote
Dominion Guild
Mark and Beverly
Hawkins
Mary Hynes
Michael Jacobs
Kiwanis Club of Arlington
Robert Kosinski
Ruth and Hal Landers
Jim and Tracy Millar
Patricia and David
Schneeman
John Shooshan and The
Shooshan Company
Frank and Paula Spinner
United Way

Gifts of \$1,000 or more

Anonymous
Kevin Appel
Weetie Beyer Hill
Elmore and Susan Briggs
Cardinal Bank
Jim Chandler
Church of the Covenant
Bernard and Cheryl
Clineburg
Richard Diggs
Dominion Power
Foundation
Dominion Resources

Services Inc.
Kevin and Jacquie Doyle
Josephine Erkiletian
John Finlay
Thomas Fonseca
Robert and Vi Hisel
The Hoffman Agency Inc.
Fernanda Howard
William and Theresa
Howland
Eric and Elaine Kendrick
William Koerner
Charles and Jeannie
Lindsay
Bruce and Jackie McLeod
Mount Olivet Foundation
Mount Olivet United
Methodist Church
Edd and Anita Nolen
William Paley
Resurrection Lutheran
Church
Rock Spring Congregational
Church
Terry Savela
Julie Shane
Brian Steffan
Steffan & Co., Inc.
David and Debby Taylor
Michael Toohey
Sharon Vannoy
Walker Chapel United
Methodist Church
Steve Wanamaker
Westat
Gail Young

Gifts of \$500 or more

Arlington Host Lions
Charities Inc.
Arlington Interfaith Council
Bank of America Charitable
Foundation
Paul Battista
Stephen Black
Phillipa Bowers
Thomas Brown
Billy Buck and Company

LLC
Cardinal Construction and
Management
Richard Cole
Robin Norman DePaoli
Ruth Dyster
Dr. Ram Gopalan
E. Charlton Graves III
Mr. and Mrs. Leon Hawkins
Timothy Hughes
Ellen Jennings
Barbara Keaton
Michael Knapik and
Dr. Patricia O'Connor
Leon Knauer
Theodore Kramer
Derick and Inta Malis
Abby Raphael
James and Betsy Riley
Kenneth and Sally Schweers
St. Mark Catholic Church
St. Mary's Episcopal Church
Charles Stockman

Gifts up to \$500

Anonymous
AllState Giving Campaign
American Society of
Women Accountants
Chuck Adams
Kenneth Adams
Fred and Mary Albert
Karen Albert
William Allen
Marty Almquist
Brian and Paula Alprin
Richard Anderson
Henry and Amy
Applebaum
Beth Arthur
Kenneth Aughenbaugh
Robert and Marilyn Beck
Richard Belle Isle
Pamela Benoit
Anne Biedscheid
Ann Bisson
Alexander Burnett

Ashley Childers	George and Chere Knoerlein	Marvin Stephens
Palmore Clarke	Edward Koch	Don Strehle
Nancie Connolly	Jonathan Krasner	Kevin Sweeney
Ann Cole	Rae Kurasz	Susan Tatum
Alvin Crawley	Penny Lane	Gerald Therrien
Linc Cummings	Kip and Margaret Laramie	Charlie Tiene
James and Dorothy Dake	Michael Lasky	Chris Tucker
Brian and Maria Davidson	Tom and Gail Lee	John Tuohy
Alfred and Lucy Denney	Jennifer Lindamood	Dr. Reuben Varghese
Suzanne Didier	Ben Harris and Jenny Lindenauer	The Honorable George Varoutsos
Rich Doud	James Mack	David Whitman
Frank and Carole Doyle	Gail Markulin and Tom Andrew	Robert Wright
Joseph Fallone	Bob McCoy	Gifts In Kind
Jean Falvey	David McLeod	Linda Bethel
Jamie Field	John and Margie Melnick	Wayne Boyland
Thomas Field	Paul Michl	Charlyne Braxton
Elisabeth Frantz	Kenneth Millard	Bill and Suzie Buck
Rickard Frisbie	Mr. and Mrs. Charles Montgomery	Heather Campbell
Thomas and Katherine Gailliot	Mary Ann Moran	Gloria Colindres
Vince and Nancy Gaito	Ingrid Morroy	Diane Crawford–Batt
Ken Garnes	Gay Mount	Mark Daniels
Suzanne Gartner	Bill and Pam Murray	Andrew Didden and Mariam Kashani
GoodSearch	Captain Michelle Nuneville	Charlotte Franklin
Thomas Grantham	Nancy Orlosky–Murray	Joe's Place Pizza & Pasta
Nancy Green	David Permut and Darlene Mickey	Miriam Circle of Cherrydale United Methodist Church
Marc Greenberg	Patricia Petroccione and David Barsky	Dr. Mukund Morjaria
Jeffrey Griffin	Pinto Contractors LLC	Jarilyn Newman
Linda Grove	Janice Polizzotto	Kim Nimmo
Lynn Gulick	Presbyterian Women– Little Falls Presbyterian Church	Nancy Pallesen
Kenton and Donna Hamaker	Mark Reiter	Vincent Roberts
Nathaniel Harris	Shawn Roberts	Lonnie Roberts
Harry Hart	Thomas and Nancy Rodeheaver	SOC Enterprises Inc.
James Hart	Steven and Elaine Roeseler	Brian Stout
Linda Henderson	James Roumell	Justin Wilson
David Hill	John and Arlene Rutledge	
Thomas and Sandi Fiorini Hodges	Scott Schiavone	
The Honorable Edward Holland	Mark Schwartz and Jayme Sophir	
Theresa Holmes	Janice Siegel	
Patrick Hope	Khalid Siraj	
Jon Huddleston		
Brendan King		
Gary and Vicki Kirkbride		
Naomi Klaus		
Walter Kloetzli		

Vanguard takes great care to ensure that our donors are listed accurately. If your name is missing or not recorded as you prefer please accept an apology and contact Jean Falvey at 703 841-0703 ext 367 or jfalvey@vanguardservices.org

Vanguard Programs

RESIDENTIAL PROGRAMS

The Phoenix Program

Our flagship program, Phoenix provides residential treatment for men, helping them break the cycle of addiction and re-enter the community as responsible citizens.

Demeter House

An innovative, residential treatment program, Demeter serves women in a gender-specific, comfortable, home-like setting.

Adolescent Recovery Lodges

Our Recovery Lodges offer gender-specific treatment to help boys and girls understand the consequences of their substance use and enter recovery.

Nuevo Dia

An innovative, residential program for Spanish-speaking men, Nuevo Dia ("New Day") provides culturally responsive treatment with a bilingual staff.

TRANSITIONAL PROGRAMS

Re-Entry and Independence House

Transitional programs offering a supportive, sober living environment for adults who have completed primary treatment.

OUTPATIENT PROGRAMS

Vanguard Counseling Center

Offers treatment and prevention services for adults and adolescents, including outpatient, assessments, substance abuse education, and long-term support.



2010 Board of Directors

Bruce McLeod, *Chair*
Timothy Hughes, *Vice Chair*
Robin Norman, *Treasurer*
Edd Nolen, *Secretary*
Deborah Simpson Taylor,
President

Directors

Kevin Appel
Suzanne Buck
Richard Diggs Sr.
Thomas Fonseca
Betsy Frantz
Mark Hawkins
Mary Hynes
The Honorable Patrick Hope
William Howland
Captain Michelle Nuneville
Scott Schiavone
Gail Young

Key Personnel

Deborah Simpson Taylor
Chief Executive Officer
Susan Hargreaves
Vice President and
Chief Financial Officer
Kevin Doyle
Vice President and Chief
Enhancement Officer
Patricia Schneeman
Clinical Director
George Knoerlein
Director of Clinical
Operations



Phoenix Houses of the Mid-Atlantic
521 N Quincy Street
Arlington, VA 22203
www.vanguardservices.org