

# VANGUARD SERVICES UNLIMITED

## 2009 Annual Report

Fiscal Year 2009:  
July 1, 2008 to June 30, 2009



Helping  
people with  
drug and  
alcohol  
disorders  
get the  
assistance  
they need.



Dear Friends,

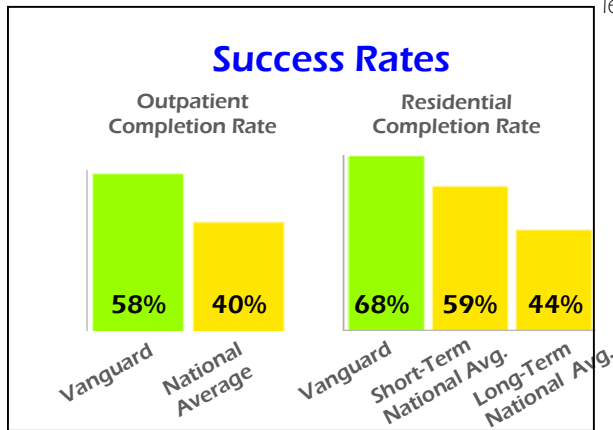
## Letter From the CEO

Fiscal Year 2009 was a banner year. We made great strides, both financially and clinically. We continued to diversify our funding, allowing us more financial stability in this difficult economic climate. We've also been able to treat more people, more effectively. Our occupancy rose 26%, jumping to well over 34,000 client bed days.

The growth in clients served has been met by a similar surge in program completion rates, a crucial factor in successful recovery. Overall completion rates increased to 65%. And a key metric in determining the sustainability of recovery, our 90-day successful outcomes, grew substantially. We've continued to push forward through the recuperating economy, knowing that stresses like job-

lessness make fighting addiction more difficult. We have achieved new benchmarks in recognition, fundraising, and recovery.

- Our Spanish-speaking program, Nuevo Dia, received the James B. Hunter III Community Hero Award.
- We were featured on CNN on August 26, regarding the dangers of teen drug use.



\*National Averages as reported by the U.S. Substance Abuse and Mental Health Services

- Our percentage of successful outcomes grew from 65% to 78%.

While these successes are indicators of our organization's hard work, they are not as important as the hard work done by our clients, as they overcome their addictions. To date, Vanguard Services Unlimited has served over 30,000 clients. With your support, we help clients transform their behaviors and prepare for life-long recovery.

There is much to be proud of, but there is still much to do. On behalf of Vanguard's board and staff, I want to thank you for all your support.

## Learning to take on life's challenges:



**Our Mission:** Vanguard Services Unlimited, a non-profit, community-based organization, offers high-quality treatment and recovery services to individuals and their families who are suffering from the effects of substance abuse. With over 47 years of dedicated service to people regardless of their economic status, Vanguard seeks to help our clients become healthy, productive, self-sufficient citizens. Committed professional staff, board members, and volunteers provide excellence in service to those in need.

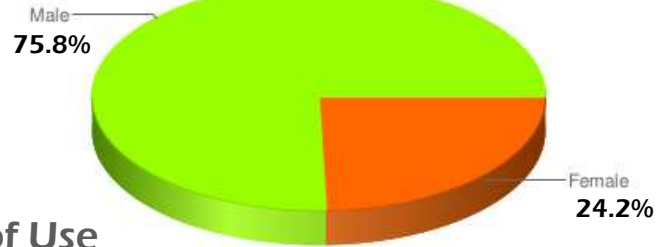
**Our Vision:** Vanguard will be the premier substance abuse treatment program that is a model throughout the region.

*Teens from Boys Recovery Lodge learned perseverance by building row-boats, which they then took on the Potomac River.*

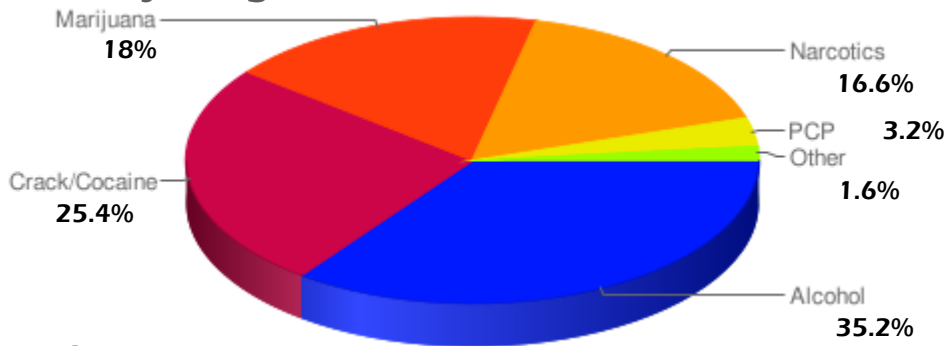
# Individuals Served:

July 1, 2008 to June 30, 2009

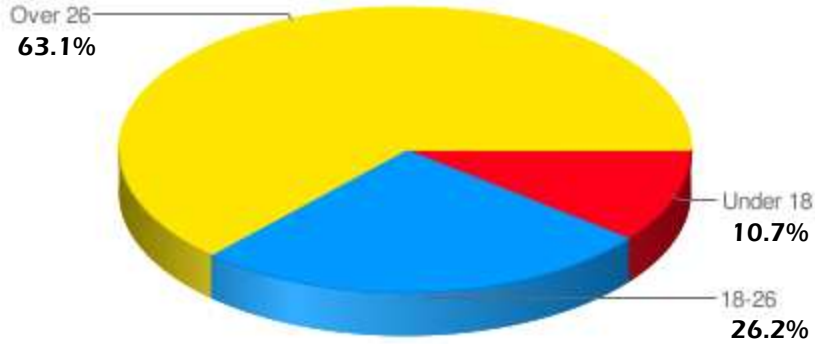
Total Served: 941



## Primary Drug of Use



## Age of Clients



## Race/ Ethnicity



-Above data compiled from Vanguard FY09 Quality Assurance program and includes some duplicated counts for clients receiving more than one service during Fiscal Year.\*

# Combined Statement of Activities and Change in Net Assets

Vanguard Health Group and Affiliated Organizations  
Fiscal year July 1, 2008 to June 30, 2009

REVENUE	Unrestricted	Temporarily Restricted	Total
Local Jurisdictions	\$ 2,956,179		\$ 2,956,179
State and Federal Jurisdictions	3,286,657		3,286,657
Insurance and Self Pay	1,030,206		1,030,206
Grants and Contributions	164,979		164,979
Interest Income	8,665		8,665
Donated goods, services, and equipment	92,949		92,949
Rental Income	10,400		10,400
Food Stamps	8,754		8,754
Miscellaneous	44,041		44,041
Net assets released from donor	16,800	(16,800)	
<b>Total Revenue</b>	<b>7,619,630</b>	<b>(16,800)</b>	<b>7,602,830</b>
<b>EXPENSES</b>			
<b>Program Services</b>			
Treatment Programs	6,043,483		6,043,483
<b>Supporting Services</b>			
Management and General	758,180		758,180
Fundraising	70,228		70,228
<b>Total Supporting Services</b>	<b>828,408</b>		<b>828,408</b>
<b>Total Expenses</b>	<b>6,871,891</b>		<b>6,871,891</b>
Change in Net Assets	747,739	(16,800)	730,939
Net Assets at Start of Year	829,927	20,000	849,927
<b>NET ASSETS AT END OF YEAR</b>	<b>\$ 1,577,666</b>	<b>\$ 3,200</b>	<b>\$ 1,580,866</b>

## Donors to Vanguard Services Unlimited

From July 1, 2008 to June 30, 2009

### Platinum \$10,000 +

Catholic Campaign for  
Human Development  
William and Theresa  
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### Gold \$5,000 - \$9,999

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#### **Gifts In Kind**

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Bowling Green Golf Club  
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Mike Cauley  
Chantilly Country Club  
Crystal Gateway Marriott  
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Diane Crawford-Batt  
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Miriam Kashani  
Fort Belvoir Golf Club  
The Gauntlet Golf Club  
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Ted's Montana Grill  
Twin Shilelds Golf Club  
The Village Grill  
Westfields Marriott  
Will Wilson

Vanguard takes great care to ensure that our donors are listed accurately. If we have made an error, please contact Jean Falvey, (703) 841-0703 ext 367 or [jfalvey@vanguardservices.org](mailto:jfalvey@vanguardservices.org)



# Vanguard Programs

## RESIDENTIAL PROGRAMS

### **The Phoenix Program**

Our oldest and largest program, the Phoenix Program provides intensive residential substance abuse treatment for adult men.

### **Demeter House**

In this specialized program for women, mothers, and their children, the clients receive counseling, parenting education, and other targeted services.

### **Girls and Boys Recovery Lodges**

These holistic programs for adolescents combine counseling, family services, school, recreation, and a therapeutic milieu in which youth help each other through treatment.

### **Nuevo Dia**

A Spanish-language, culturally appropriate program for adult men.

## TRANSITIONAL PROGRAMS

### **Re-Entry**

#### **Independence House**

For adults who have completed a primary treatment program, transitional housing offers a safe "next step." Clients work or attend school or job training during the day, then return to the facility for life-skills training and counseling.

## OUTPATIENT PROGRAMS

### **Vanguard Counseling Center**

Vanguard Counseling Center offers several levels of individual, group, and family counseling for adolescents, adults, and their families.

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### **Vanguard Services Unlimited**

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[www.vanguardservices.org](http://www.vanguardservices.org)