



VANGUARD SERVICES UNLIMITED: ANNUAL REPORT 2007

FISCAL YEAR 2007

JULY 1, 2006 -
JUNE 30, 2007

INDIVIDUALS SERVED

JULY 1, 2006 -
JUNE 30, 2007

**Total
Admissions: 644**

**Males: 480
Females: 164**

Primary Drug of Use:

**Alcohol: 21.6%
Cocaine: 26.8%
Marijuana: 17.5%
Heroin: 17.0%
Polydrug Use: 13.3%
Others: 3.8%**

Race/Ethnicity:

**African American: 46.7%
Caucasian: 37.9%
Hispanic: 7.4%
Asian: 0.4%
Native American: 0.4%
Other/Unidentified: 7.2%**

This Year's Highlights:

In fiscal year 2007, Vanguard made extra strides in enhancing its programs to further meet the needs of individuals and their families suffering from the effects of substance abuse. One major accomplishment was the move of the Girls Recovery Lodge (formerly Deep Run Lodge) from Fauquier County to Arlington. The new location in Arlington is more accessible for the girls' families, who can now take an active role in their child's recovery. Being in Arlington also allows the program to take advantage of the many community resources available in northern Virginia and Washington. Vanguard's Phoenix program also saw changes as it prepared to transition to an all-male program, while Demeter House prepared to serve all Vanguard's adult female clients. This change allows Vanguard to provide more gender-specific treatment to our clients. Throughout the agency, Vanguard looked into new ways of helping dually-diagnosed clients (individuals diagnosed with mental health issues in addition to their addiction). Clinical outcomes remained strong, with high retention rates and high outcomes statistics throughout the year.

Vanguard Programs:

RESIDENTIAL PROGRAMS

The Phoenix Program, Arlington, VA

Our oldest and largest program, the Phoenix Program provides intensive residential substance abuse treatment to adult men.

Demeter House, Arlington, VA

In this specialized program for women, mothers, and children, children are cared for by qualified staff while mothers receive counseling, parenting education, and other targeted services.

Girls and Boys Recovery Lodges, Arlington, VA

These holistic programs for adolescents combine counseling, family services, school, recreation, and a therapeutic milieu in which youth help each other through treatment.

Nuevo Dia, Arlington, VA

A Spanish-language, culturally appropriate program for adults whose primary language is Spanish.

TRANSITIONAL PROGRAMS

Re-Entry, Arlington, VA

Independence House, Arlington, VA

Lawrence Court Halfway House, Rockville, MD

For adults who have completed a primary residential treatment program, transitional housing offers a safe "next step." Clients work or attend school or job training during the day, then return to the facility for life skills training and counseling.

OUTPATIENT PROGRAMS

Vanguard Counseling Center, Arlington, VA

Vanguard Counseling Center offers several levels of individual, group, and family counseling for adolescents, adults, and their families who have been assessed as having mild or moderate levels of dependency.

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Vanguard Services Unlimited

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Director of Clinical Operations

CONSOLIDATED STATEMENT OF ACTIVITIES

Annual Report: Fiscal Year: 2007: July 1, 2006 to June 30, 2007

Vanguard Services Unlimited and Affiliated Organizations

	Year Ended June 30, 2007			Year Ended June 30, 2006		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
REVENUES						
Local jurisdictions	\$4,157,473	\$0	\$4,157,473	\$4,885,477	\$0	4,885,477
SARPOS and federal	768,247	0	768,247	813,461	0	813,461
Insurance and self pay	873,513	0	873,513	1,034,859	0	1,034,859
Treatment slots	632,506	0	632,506	499,625	0	499,625
Fundraising, grants, contributions	26,986	111,906	138,892	132,919	225,166	358,085
Other revenue	9,798	0	9,798	10,574	0	10,574
Special Events	25,666	0	25,666	22,861	475	23,336
Food Stamps	10,235	0	10,235	10,294	0	10,294
Donated goods	0	0	0	35	0	35
Donated services - <i>Note M</i>	0	0	0	0	0	0
Investment Income - <i>Note D</i>	13,173	0	13,173	3,949	0	3,949
Miscellaneous	102,334	0	102,334	80,658	0	80,658
Unrealized gain - <i>Note D</i>	0	0	0	10,554	0	10,554
Net assets released from restrictions - <i>Note F</i>	198,139	-198,139	0	209,408	-209,408	0
TOTAL REVENUE, GAINS AND OTHER SUPPORT	6,818,070	-86,233	6,731,837	7,714,674	16,233	7,730,907
EXPENSES						
PROGRAM SERVICES						
Treatment programs	5,169,068	0	5,169,068	5,639,285	0	5,639,285
SUPPORTING SERVICES						
Management and general	2,627,375	0	2,627,375	2,657,284	0	2,657,284
Fundraising	55,441	0	55,441	71,976	0	71,976
TOTAL SUPPORTING SERVICES	2,682,816	0	2,682,816	2,729,260	0	2,729,260
TOTAL EXPENSES	7,851,884	0	7,851,884	8,368,545	0	8,368,545
CHANGE IN NET ASSETS	-1,033,814	-86,233	-1,120,047	-653,871	16,233	-637,638
NET ASSETS, BEGINNING OF YEAR	1,930,655	106,233	2,036,888	2,584,526	90,000	2,674,526
NET ASSETS, END OF YEAR	896,841	20,000	916,841	1,930,655	106,233	2,036,888

Our Mission: Vanguard Services Unlimited, a non-profit community-based organization, offers high quality treatment and recovery services to individuals and their families who are suffering from the effects of substance abuse. With over 45 years of dedicated service to people regardless of their economic status, Vanguard seeks to help our clients become healthy, productive and self-sufficient citizens. Committed professional staff, Board members and volunteers provide excellence in service to those in need.